

community access support service

Are you part of a community group?

Interested in health & wellbeing?

The Community Access Support Service (CASS) works with community, equality and faith groups to improve access to mental health support in Bristol.

Three networkers work locally in the areas of north, south and inner & east Bristol, giving advice to groups on:

- Current mental health services in local areas
- How to signpost group members to the right support
- Starting a conversation about mental health and emotional wellbeing
- Feeding back to mental health service providers on how services can be improved



CASS is part of Bristol Mental Health, run by the Healthy Living Consortium and funded by the NHS



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